



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

DAD'S & KIDS MAKING MEMORIES

Adventure Guides & Princess Guides
YMCA OF
METROPOLITAN
CHATTANOOGA

REGISTER BY
SEPTEMBER
9th, 2011!

For More Information Contact:
Dustin Mason
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www.ymcachattanooga.org



Who: Dad's & Kids. (boys and girls grades Kindergarten thru 4th grade—older aged children can also participate up to 8th grade)

What: **Adventure Guides** is a Father-Son program and **Princess Guides** is a Father-Daughter program. Both programs are designed around 4 key areas: Family, Fun, Nature, and Community. The parent child combos are joined with a "tribe" in their local community (we have 11 tribes throughout Hamilton and Bradley Counties). Tribes meet monthly, while our Nation hosts special events throughout the year. Adventure & Princess Guides (formerly Y-Indian Guides) was first established in 1926.

When & Where: Kick-Off Pow-Wow's are scheduled at 2 of our YMCA's during the beginning of September. These events are for Dad's and Kid's, so come get registered and get a taste of what's to come in Adventure Guides & Princess Guides!

Thursday, September 1st @ the Hamilton Family YMCA—6:00 PM
Friday, September 2nd @ the Downtown Family YMCA—6:00 PM

Why: The YMCA offers many family programs, all of which meet the YMCA mission and goals. However, Adventure Guides and Princess Guides provide a unique niche. Participating parents and children will tell you there's nothing quite like experiencing a YMCA program TOGETHER. The focus on nature, camping, and building community provide opportunities that are not as prevalent in other family programs. The YMCA is committed to families and Y-Guides is a great way to help dad's and their kids spend more time together building a lifelong relationship.

Registration Fee:

YMCA Members	\$50 / family
Non-Members	\$100 / family

Cost:

Individual events often do have a cost associated with them. Please note that there is a discounted cost for YMCA members for all charged events. Please also note that scholarships are available for all Y-Guides programs and events.

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