

CLEVELAND FAMILY YMCA

Modified Group Exercise Schedule Thanksgiving Week Nov. 20-24

DATE	LAND CLASSES
Monday, Nov. 20	All classes normal.
Tuesday, Nov. 21	All classes normal.
Wednesday, Nov. 22	NO EVENING CLASSES (after 5 p.m.)
Thursday, Nov. 23 Thanksgiving Day	No Classes Wellness Floor open 7-11 a.m.
Friday, Nov. 24	Torch the Turkey 9-11 a.m. (30 min classes) ALL OTHER CLASSES CANCELED
Saturday, Nov. 25	NORMAL CLASS SCHEDULES RESUME



ymcachattanooga.org

Our Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.